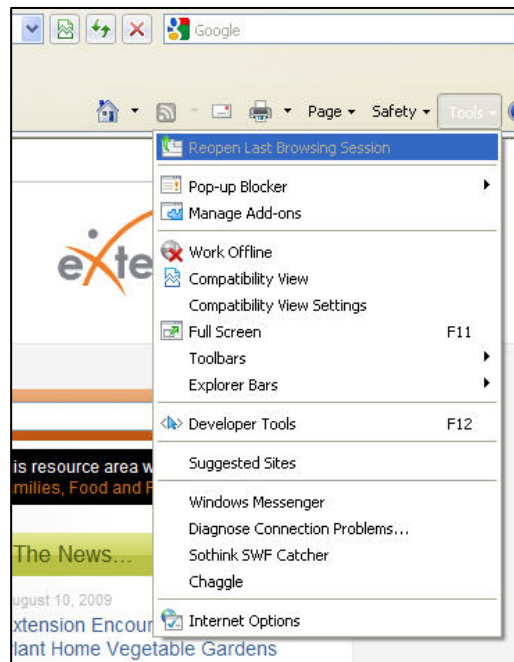
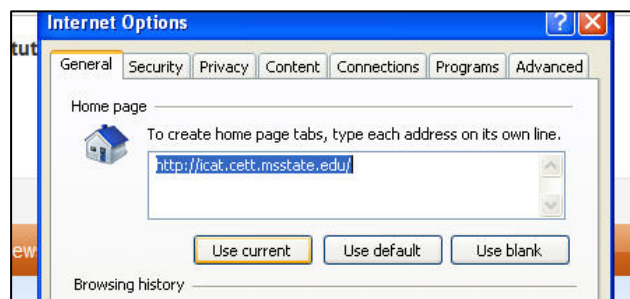


## How to change your home page to the Families Food and Fitness web site:

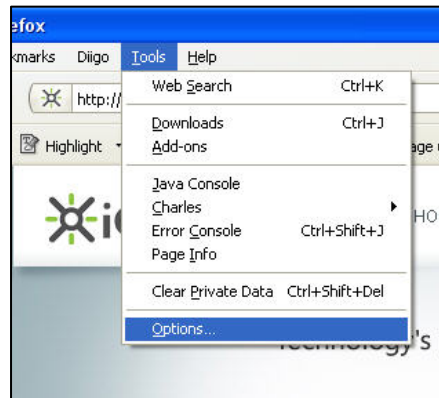
1. Launch your web browser.
2. Navigate to the page you wish to make your new home page.
  - a. <http://www.extension.org/families%20food%20fitness>
3. For Internet Explorer, click **TOOLS**.



4. Click **INTERNET OPTIONS**.
5. Click **USE CURRENT**.



6. For Mozilla, click **TOOLS**.



7. Click **OPTIONS**.

8. Click **USE CURRENT**.

