

Family Values Activity

Directions:

Arrange the nouns in order of greatest importance for the family you grew up in. In the left-hand column write #1 next to the noun that is the most important, and continue to #14 (or #15 if you add another value), which you identify as the least important.

Repeat the same activity, but this time arrange the nouns in order of greatest importance for yourself or your own family in the right-hand column.

_____	Tradition, ritual	_____
_____	Hierarchy	_____
_____	Equality	_____
_____	Religion	_____
_____	Independence	_____
_____	Work	_____
_____	Education	_____
_____	Money	_____
_____	Love	_____
_____	Food	_____
_____	Honesty	_____
_____	Respect	_____
_____	Health	_____
_____	Time together	_____
_____	Other:	_____

List Others:

Think about the questions below:

- Were the values you listed for the family you grew up in the same or different than the values of the family you currently live in?
- If you are a parent/caregiver, what are some specific behaviors you do as a parent to instill these values in your children?

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